



## Chapter 1

### What is *Shinji-Kyokai*

神示教会とは

In this chapter, we will look at the aim, the purpose and the footsteps of *Ohyamanezunomikoto Shinji-Kyokai*—what it is that people could achieve through the environment that *Ohyamanezunomikoto* has established.

## Section 1

### What is the ‘happiness’ that people seek in life?

#### Everyone wants to be Happy

Life is a gift from nature that is controlled by the great power above. The miracle of birth is filled with wonders. Considering this fact, all life on earth—be it the mountains, forests, animals, insects and humans—are all here to coexist in harmony. Every life is created with its own meaning and its own role to occupy a place in the greater balance of life.

As for us humans, each one of our lives is truly special, and to live that life to its greatest potential is a wonderful thing. Life is a gifted set of time, meetings and interactions. In this process, we try our very best to make each day as comfortable, meaningful, productive and pleasant as possible. With the hopes of obtaining true happiness and living a worthwhile life, we all put in our best effort to try to accomplish this goal.

But what is happiness?

If you were to define happiness, what would your answer be? What is it that makes a person happy? Can your happiness be defined in the same way as my happiness?

There are hundreds of answers to what happiness is all about. Depending on our preferences, culture, environment and upbringing, people feel and see things differently. For this reason, happiness can be defined differently for each individual.