

Shinji

Learn the teachings, become aware of the principles, and reexamine society.

You will perceive society's distortions, the people who go against the path, and the doubts in your kokoro will disappear.

Do you know why the kokoro feels anxious and lost?

Human beings do not have the power (ability) to see the future.

Hence they depend on past experience, their emotions are overwhelmed by the thoughts of those (people) around them, and they become anxious of their own accord.

Realize this truth, learn the teachings, and correct your kokoro.

The kokoro will anchor; the principles will support your life.

When this happens, the kokoro of all people (human beings) will become one with their unmei.

Thus, the kokoro anchors, and you will live each day according to your role and place.

To the Shinja

Strive to live your life supported by the teachings.

Your kokoro will gradually anchor, and you will not be tempted to move off the path.

Know that being protected by Kibō no Michi is what enables you to attain a life without regrets.

Summary of the Shinji

This year's theme is to live with the principles as the mainstay of your life. Learn the teachings and perceive the principles. The principles are the truths about all things.

To be a person who lives by the principles, is not about simply learning the teachings. It is to see the movements of society through these principles—to see society's distortions and the way that people who go off the path live. You will probably begin to understand what is right, what is wrong, as well as cause and effect. Learn the teachings and perceive the principles and be deeply aware that we must live a way of life that abides by them.

The majority of the people living in society are lost. The more abundant the flow of information, the more they worry that they're falling behind and will somehow be at a disadvantage. They grow impatient and confused. Don't be influenced by what others are saying, have the consciousness to walk your own path. Because when you do, you will never lose your way and you'll begin to live a way of life that has conviction and backbone.

People worry and don't know what to do because they cannot read the future. Hence they depend on knowledge and past experience. But, knowledge and past experience can never be completely relied on; and because people don't realize this, they are consumed by the flow of the times and create their own insecurities. The reason why people feel lost is because they do not live a way of life that abides by the principles.

We can see this very clearly when we look at the movement of society. Be aware of this reality and correct the movement of your *kokoro* based on the teachings. When you do, your *kokoro* will anchor and the principles will become the mainstay of your life. You'll be someone who lives with conviction.

If your *kokoro* is anchored, its movement naturally becomes one with your *unmei*. You will not go beyond the parameters you were born with, thus you will not lose your way. Your *kokoro* will remain anchored and you will live a way of life that is in sync with your role and place.

This is why we make the effort to live supported by *Kami's* teachings. When our emotions are anchored, our *kokoro* is not tempted to go off the path. This leads to days where there are no regrets and we create a good life for ourselves.