

### Shinji

*Do you know the truth, the principle about why human beings live now (today)?*

*There are many people who simply live in the now without seeing the flow of the world and the changes.*

*Hence many leave behind regrets in their life as their *kokoro* (life) struggles with knowledge that has no principles.*

*Why does Kami give the world (society) the principles through Shisha?*

*Think carefully about why as you deepen your learning of the teachings.*

*Those (human beings) who are sincere in learning the teachings, will perceive without fail, the *kokoro* as it should be based on life's principles; and their *kokoro* (life) will change.*

*When this happens, your *kokoro* (*unmei-jittai*) will become one with Kami (*Shinkon*), and you will realize the meaning of what it is to live.*

*Human beings are in Kami's hands; they are an existence, which lives for a finite period of time, that has been given the strength (*unmei*) to guide society on the right path.*

*The more the teachings become the mainstay of their life, human beings begin to understand how sacred it is to live with their *kokoro no michi*; and they become people (an existence) who leave behind good elements for their family members, relatives, friends, and acquaintances.*

*Ask Kami (*Shinkon*) to have the *kokoro* of a human being who has a long view to achieving the *kokoro* (principle) of *etoku* as they live their life.*

*This is the human being who lives by the truth and lives a life without regrets as they move with the flow of society.*

### Summary of the Shinji

It's important to thoroughly understand what it means to live as a human being, the truth, the principles, and the value of life. Many people are lost because they don't understand these things. Despite being conscious about what the trends are, they remain oblivious to the flow of the world and the actual changes that are taking place in society—too many people are just living.

The changes that society is undergoing are not about superficial issues. Changes in appearance and form are in most cases contrived. We'll leave behind regrets if we're always running after information and knowledge where there are no principles, because if we go against the path of common sense, our life becomes a growing series of regrets.

We must know why *Kami* gives us the principles and teaches us the way our *kokoro* should be. When we learn the teachings, we begin to see the truth. The way we think begins to simplify. When our thinking is rooted in the principles, we're able to clearly perceive what is fair and just. There's no confusion and doubt. We experience the worth of living through the teachings in an environment where the majority leave behind regrets in their lives.

*Kami* says that our life begins to change when we sincerely accept the teachings, and begin to understand life's principles and the direction our *kokoro* should face. That's when we become one with *Shinkon*, our *jittai* is suppressed, and our *unmei* shines. We become aware of the meaning of why we were given life in this world.

All of us are in *Kami*'s hands; and we were given an *unmei* to guide society on the right path. Everyone is an existence that is needed. However, each person's interaction with society differs because no two people have the same *unmei*. Hence there is no role model on how life is lived—it cannot be learned from history, but must be learned from *Kami*.

The more *Kami*'s teachings become the mainstay of our life, the more people begin to understand the worth of what it is to be alive; and they leave behind good elements in their *kokoro no michi*. They cherish their relations with others. They realize the extent to which they elevate their lives when they influence people positively.

No matter how society changes, this is the way to live a life without regrets and to move with the flow of change. Thus, we must strive to become this kind of human being.