

### *Shinji*

*All human beings will achieve a life of much meaning and purpose if they live a life that is one with their unmei.*

*However, people strive seeking only knowledge because they do not know the truth about their unmei.*

*Many people are unable to have encounters with others, to deepen their ties, and they create their own troubles.*

*To the Shinja*

*Do you understand the value of learning the teachings as a family?*

*How is your effort to make the best of the teachings within the family?*

*The teachings that Kami reveals to the world (society) through Shisha are principles.*

*The more you strive to make the best of them in your life when you know their worth, your encounters with others (people) will deepen.*

*Relationships of trust and mutual support within the family and in society will grow.*

*When this occurs, all human beings will be moved to make the best of each other's unmei knowing their place and position; thus the flow of society becomes an ally.*

*All human beings whose life is filled with happiness, meaning, and purpose do not go against the flow of society and live giving back the strengths of their unmei to the world (society).*

### **Summary of the Shinji**

It is vital that we maintain good relationships so that we live a life filled with meaning and purpose which allow us to move with the flow of the times—and it is the family that creates the foundations to this kind of life. It is within a harmonious family that our *jittai* is corrected and where we create a way of life that merges with our *unmei*.

When we live each day and become one with the *unmei* Kami has given us, we're able to be of help to many people and experience meaning and purpose in our life. However, not everyone knows the truth about the gift of an *unmei* given to each of us; and there is a strong tendency in modern times to strive and depend solely on information. That's why encounters with other people don't grow and nearly everyone creates their own troubles.

The reason why we, as adult members of society, are unable to build harmonious relationships with others is because we don't have the right relationships with our family members. How can a person, who is unable to live in harmony within their own family, have good relationships with different kinds of people in society? We refine our *unmei* within our family and learn how to live a life that is one with our *unmei*. If our relationships in our family lack harmony, we become dissatisfied in our relationships with other people; and we experience problems and create our own insecurities.

Thus, family members must learn the teachings and understand their worth. Do you make the effort to practice the teachings within the family? If the *kokoro* is nurtured in an abundance of well-being within the family, it will not become discouraged when it encounters the multitude of problems that occur in society. It will overcome them.

*Kami's* teachings are principles. Know their worth, grasp the natural way things should be in any given situation and strive repeatedly to make the best of the teachings in your life. *Kami* clearly says this is how encounters with other people grow. If we live by the teachings, mutual trust, support, and good relationships grow in the family and in society.

The person, who understands this, is someone who knows their place and position in life; and they want to make the best of their *unmei* as well as yours. They will know their place in many different situations; and they will live a way of life that doesn't go beyond their parameters. Their *kokoro* moves to make the best of not only their existence, but the existence of other people as well.

The flow of society is an ally to people who live in this way because they live and move with this flow. They make the best of the strengths they have and their *kokoro* never forgets to give back to society. This kind of *kokoro* is imbued with the meaning and purpose of life.