

Shinji

Know that the way to elevate the jittai is to understand the truth about human beings as they live life through their kokoro (unmei-jittai).

Do you know why your encounters with people elevate your life?

The more encounters there are with other people, human beings are made aware of many things, which lead to understanding, and they elevate their life.

But their encounters with their family members do not deepen and they seek encounters with other people, hence diminishing their unmei.

The unmei is honed and reflected in the character if relations with the family are correct.

If awareness is gained through encounters with family members, human beings will elevate their jittai.

To the Shinja

Learn the teachings and strive repeatedly to connect with family members through the principles.

Conversations will gradually increase, deepen, and the kokoro (emotions) will remain calm.

The jittai is elevated further and a life is lived that is one with the unmei.

The teachings make human beings aware of the kokoro they should have.

What follows is enlightenment gained in due course from the principles and the endeavor to make the best of your encounters.

Your kokoro (life) will be supported by your encounters with many people and a life will be lived filled with meaning and purpose.

Summary of the Shinji

Human beings cannot live alone. Support between people is what makes life possible. Thus if we wish to live a fulfilling life, we must have the *kokoro* to treat our encounters with care.

Our entire life is led by our *unmei-jittai*; and the world harmonizes when our *unmei-jittai* and the *unmei-jittai* of everyone around us comes together and complements. If we always insist on our ideas or having our own way, our *jittai* will inevitably clash with the *jittai* of those around us. Thus if we do not elevate our *jittai*, our *unmei* to be useful in this world will not manifest.

It's important to know how life works and to make the effort to correct our *jittai*. To achieve this, learn the teachings and become aware of your character traits that you should strive to correct. We must change the way we feel, think, live, and accept people and situations.

When we learn the teachings, we begin to be aware of our strengths and weaknesses as we interact and socialize with different people. We begin to meet many people and our life elevates. The more people we interact with, the more our *kokoro* is honed.

Many people in our society are fussy and finicky about who or what they like or dislike. They don't see their ties to others as important and live a way of life that is quite the reverse. Despite the fact that their *unmei* is honed in the family, they seek ties with strangers whom they feel are easy to socialize with, rather than deepening their ties to their family members. As a result, their *unmei* withers away and what remains are regrets. *Kami* is warning us.

The strength and power of your *unmei* manifest because your interactions with your family are right. The *jittai* is corrected as awareness of your *jittai* grows through your interactions with your family—this is a basic truth.

Therefore, strive to have the right interaction with your family. Through this effort, conversations will naturally grow, and the family environment will always be calm. Your *jittai* improves and you'll live a life that is one with your *unmei*.

The teachings of *Kami* show you how your *kokoro* should be as a human being. If you realize what negative traits and habits you should change as you learn the teachings, then strive to change and improve. And as you make the best of the many encounters you will have, you'll live a life filled with meaning and purpose.