

### *Shinji*

*Human beings inherit their jittai from their Kokoro no Michi and are given life (unmei).*

*Based on this truth, Kami places the soul at the time of birth.*

*Understand well the Principle of Life; the shinja should live based on this principle with family members.*

*When each day is lived with this belief, the shinja's kokoro is protected in Kami's hands and there will be no accidents, disasters, and illnesses.*

*This is the kokoro of faith.*

*To the Shinja*

*Do you know what the unmei is?*

*It is the strength to live that Kami has given each person.*

*Human beings who live a life that is one with their unmei are all in Kami's hands, their kokoro is protected from straying, and they live a life of much meaning and purpose.*

*The unmei is the source of the strength (life force).*

*When you live within a harmonious family that is in touch with the principles, that strength expands and draws out a strong, cheerful kokoro that lives in the now.*

### *Summary of the Shinji*

Every person, without exception, has been given an *unmei* with the strength to be useful in this world at the time of their birth. *Kami* teaches us that this strength is honed in the family.

The *Kokoro no Michi* connects through generations. Our character, our physical traits, our personality, as well as our *jittai* are passed down from parent to child to grandchild. The way we live our life merges with the *Kokoro no Michi* that is connected to our parents and ancestors and affects the *jittai* for better or for worse.

Based on the *Kokoro no Michi* of a family, *Kami* will place the soul within the body at the time of birth and provide an *unmei* that corresponds to the *jittai*. This *unmei* and *jittai* will guide a person's entire life. Moreover, *Kami* observes the way we presently live our life and decides our next *unmei*.

Although the *unmei* gives us the strength to be useful in this world, there are different levels of *unmei*. The only way to elevate our *unmei* is to hone the way we live our life and raise our *jittai*. Thus the only option left to us is to actively strive to raise our *jittai*.

Now that you understand the Principle of Life, make the decision to live your life the right way. This is why it's important to learn the teachings as a family and live by the principles.

Life is not decided by your educational background and earning power. It is decided by the awareness to live a way of life that is in sync with common sense and the principles. *Kami* states that when we strongly believe this and endeavor, the movement of our *kokoro* is protected and we'll live a life free of accidents, disasters, and illnesses.

Have the awareness that *Kami* allows us to live; and the endeavor to live by the teachings as taught by *Kami* is the correct way to embrace your faith. It is faith that is absolute and unshakeable unlike unreliable elements like things and form that may get lost along the way.

The *unmei* is sacred. It is the strength to live that *Kami* has given each of us. When the way we live our life becomes one with our *unmei*, our strengths shine and without exception, we live a life filled with meaning and purpose.

Treasure your *unmei* that is the source of your life force. Thus learn the teachings together with your family that is connected to your *Kokoro no Michi* and continue to hone your *unmei*. If your family is harmonious and lives by the teachings, the *kokoro* will always be cheerful and strong; and you will live a life that is one with your *unmei*.