

### *Shinji*

*This year as you learned the teachings and lived your life supported by the principles in the hands of Kami, how was your kokoro (life)?*

*The more a person (human beings) understands the teachings, the jittai is corrected, ties with people and things deepen, and each day is lived with enjoyment and filled with happiness.*

*But, a person (human beings) who believes that knowledge is absolute and lives by endeavor, will always create their own pain, suffering, and their confusion deepens.*

*To the Shinja*

*Understand well the truth that society revolves around the kokoro (unmei-jitttai) and do not make light of the teachings.*

*The kokoro of all people (human beings) who live supported by the teachings will be guided by their unmei, thus their life (kokoro) is filled with meaning and purpose.*

*The more a shinja deepens their learning of the teachings that Kami (Shinkon) has revealed to the world (society) through Shisha, their kokoro is honed, shines bright, and a life without confusion is lived.*

*The month of Aiju is a time to reflect on the condition of your life.*

*It is the time to talk to Kami about the state of your kokoro and to know whether or not your life is in Kami's hands.*

*Now is the time (month) to feel the protection of Kami (Shinkon).*

### **Summary of the Shinji**

*Kami* has revealed countless *Shinji* to the world through *Shisha* and is guiding the *kokoro* of each person. Having repeatedly learned the teachings within the protection of *Shinkon*, how was the movement of your *kokoro* this past year as you look back on a life supported by the principles?

The more the teachings become a part of you, the way you feel, think, and accept people and the situation around you will change. Your *jittai* is corrected, your ties to many people and things deepen, your days are enjoyable and filled with joy.

When we look at the reality of the society we live in, there are many people who believe that knowledge is absolute and they live their lives relying on effort. Thus they lose their way, reach an impasse in their life, undergo one hardship after another, and their suffering deepens.

This world revolves around the *unmei-jitttai*. Those ignorant of this truth, live a way of life based on fixed beliefs and preconceptions. Thus their lives are overrun by their *jittai*. Remember to live a way of life that is one with your *unmei*—a life based on the teachings where your *jittai* is suppressed. Because when you become one with the *unmei* to be useful in this world, you will experience meaning and purpose in your life.

The more we make the best of the teachings of the *Shinji* that is continually revealed to us to this day, the life of each person is honed, shines bright, and the path they walk is free of confusion and doubt. Thus gain insight and awareness based on the *Shinji* and do not make light of the effort to raise your *jittai*. Be in touch with the teachings constantly because the more the principles become a part of you, your way of life will be raised without fail.

December—the time of *Aiju Onrei Shinja Sanpaiji*, the month for *shinja* to *kigan* at *Shinji Kyōkai*, is not only a time to reflect on your *kokoro* for this year, but it is also a time to do some soul-searching on the life that you have lived thus far. In addition to a *kokoro* of gratitude, you will probably reflect on the mistakes that you made. As you do so, talk to *Shinkon* about the thoughts that remain in your *kokoro* and feel how protected your life is in the hands of *Kami*. This is how you give back a *kokoro* of truth, gratitude, and self-reflection to *Kami*.

With each passing year, see how greatly you have been protected and guided unbeknownst to you. This time of *Aiju Onrei Shinja Sanpaiji* is a time to feel the depth of *Shinkon's* protection for you and your family as well as a time to deepen your confidence to live with *Shinkon*.