

January 15, 2021 *Shinja Kokoro no Michi*  
Feel the Power of the Invisible *Unmei*

### *Shinji*

*Unable to have hope in their lives, why are people troubled and suffer from their encounters?*

*Strive to become the shinja who understands this truth based on the principles.*

*The era continues to flow—it does not stop even for a moment.*

*The emotions of human beings move to correct their jittai when they gain understanding of the principles.*

*When the changes of an era are accepted, the idea to be correctly involved grows.*

*This is the kokoro (condition) of the person (human beings) who lives with the flow and whose kokoro (life) is protected by the power of the unmei.*

*Strive to be the person (human beings) who makes the most of an era's power (unmei) as the unmei is mutually drawn together.*

*To the Shinja*

*There are many things (existence) in this world that human beings can neither directly see nor feel the existence of.*

*When the principles are understood, knowledge finally becomes the wisdom that guides life.*

*Unable to make the best of their encounters, many people are troubled and suffer because they do not perceive the truth about the unmei.*

*This world revolves as the kokoro (unmei-jittai) comes together and at times collides.*

*Be aware of this truth and ask Kami for a life that is one with the unmei, and live by the teachings.*

### **Summary of the Shinji**

Presently, there are many people who are unable to have hope and they suffer especially in their relations with others. Why is that? When *Kami's* teachings become a part of us, we do not waver or lose our way. We are freed from the small, petty things that tend to preoccupy us. The words and actions of other people and the information that we see and hear no longer affect us.

Time does not stop for any of us. Regardless of our problems and troubles, irrespective of whether we are able to significantly make the best of our existence, time passes equally for all of us. Thus based on this understanding, it is important not to waste one second of our life.

Understand the way life works based on *Kami's* teachings, grasp the means of living a life of happiness, and strive to correct your *jittai*. Don't bottle up your anxieties and discontent, but try to elevate how you see, feel, and think about people and situations based on the teachings. That is how we draw out our *unmei*.

Changes are an integral part of the flow of time. Therefore, accept these changes and have the awareness to deal with them correctly as the occasion arises. Actively do what you can do within the parameters of your place or position; and avoid doing things where it is not your place to do them. If you are able to do this, you will truly live a stress-free life.

This is the human being who is able to move with the flow and live according to the *unmei* given them. Because when we are one with our *unmei*, we do not step out of the parameters of our place or position, thus we experience meaning and purpose in our life.

No matter who you are, strengths have been given to each of us through our *unmei*. It is important to live and make the best of our *unmei's* strengths, and to come together with the *unmei* of an era and the *unmei* of a society.

Regardless of the flood of information available to us, there are many things in this world that cannot be understood by human beings. For example, the human being cannot control even one movement of their *kokoro*.

The knowledge created by humanity becomes wisdom that is beneficial when it is based on the principles, the natural way of things. But, unable to make the best of the mysterious power of the *unmei* in these modern times, many people suffer because they cannot make the best of their ties to others.

This world revolves as the *unmei-jittai* merges and at times collides. Let us be aware of this truth as we live by the teachings and seek to live a life that is one with our *unmei*. When we strive in this way, our *jittai* is corrected and our inherent strengths shine.