

March 1, 2021 *Shinja Kokoro no Michi Benkyōkai*

The flow of harmony and change is cyclical.

Shinji

The world today is deepening its understanding of the principles and is flowing in the direction of harmony.

Changes great and small continue during this time.

Shinja gains awareness from the teachings and strives to live by the principles.

They live without being consumed by the changes.

The power of the unmei guides their life on the correct path.

Human beings, whose lives are finite, are unable to grasp the truth and the changes of an era.

From time immemorial to the present, the repeated cycle of harmony and change within an era have been perceived in history.

But due to the continuous cycle of stability and uncertainty, historical truth does not perceive the truth about harmony.

To the Shinja

What a person (human beings) should leave behind in life are good elements (jittai) in their Kokoro no Michi.

Heed well this one principle and live with the teachings as the mainstay of your kokoro (life).

Unconsumed by the changes of an era, a life will be lived where your finite life (unmei) will be noted in your lineage and history.

This is the kokoro of the human being who lives in harmony with the flow (changes) of an era.

Be aware of the truth that the era is presently changing in order to harmonize.

Summary of the Shinji

There have been changes that have repeatedly occurred many times in this world, changes which cannot be controlled by humanity. It is the continuous cycle of harmony and change. The era is now moving toward harmony—an environment where principles and the natural way of things are realized and the distortions and widespread turmoil throughout the world are corrected.

Kami has foretold that these changes both great and small will continue until the world arrives at this state of harmony. The changes that we see will bring about harmony without fail.

What we must not forget to do in these trying times is to be aware of what we must correct about ourselves through the teachings and to work at living a way of life that abides by the principles. When we do this, the strength of our *unmei* is brought out and our life is guided on the correct path. The correct path is the path that allows us to live a life without regrets.

Human beings live within a finite period of time. What we know during our lifetime is no more than the reality that we see before us, let alone the future; and only a small part of the past is known to us. We do not know why events occur and where truth can be found.

History has shown us that from time immemorial to the present, an era is a repeated cycle of harmony and change. However, not one human being is aware of the truth that the power of the *unmei* is at work within this cycle of stability and instability.

Although human life is finite, our soul, which is our true form, is reborn into this world many times. We live within the flow of our *Kokoro no Michi* that runs vertically. Thus what we must leave behind as we live out our lives are good elements. Bearing this in mind, it is important to live a correct way of life that is based on the teachings.

Many diverse events occur in society. But, let us strive to leave behind good elements in our lives without feeling beset by the changes of any era. Be one with the *unmei* that was given to you and contribute to society.

The era is now moving toward harmony. Thus try to live in harmony, and you will leave behind good elements in your life without fail.