

March 15, 2021 *Shinja Kokoro no Michi Benkyōkai*

The flow of harmony and change is cyclical.

Shinji

Humanity feels and perceives the history of the past as an era.

But without the strength to perceive the truths in history, it is unable to make the best of them today.

History shows that changes repeatedly occur as harmony is sought.

When humanity becomes aware of life's principles, its kokoro will not waver and it is able to focus on what needs to be done now.

Do you know why humanity is unable to make the best of past experience?

Because they do not have principles, truth in their life, their kokoro is consumed by greed and their jittai is lowered.

Unaware of the worth of a family, they live selfishly, willfully and cause changes.

But because historical truth lies in harmony, people who are lost and in suffering are found in this flow.

To the Shinja

Learn the teachings and have the kokoro (conviction) to make them the mainstay of your life.

The Kokoro no Michi of your family (home) will grow strong and anchored.

Be the person (human beings) who lives in harmony to keep your life from being consumed by the flow of an era's changes.

Summary of the *Shinji*

There are many historical events that have taken place in society until today. *Kami* points out that because of the inability to perceive the truths in history, humanity is unable to make the best of these truths in their life today. Thus, humanity repeatedly makes the same mistakes.

We see that history repeats itself as harmony and balance are sought during times of instability, and change is sought when times are stable. Presently, we are living in an era that is headed toward harmony and balance.

To keep from being consumed by the changes that are occurring around us during these times, it is important to know the truth that the power of an era's *unmei* is at work. It is important to know this because when we encounter the reality around us, our emotions remain anchored, and we are able to see what we must do now. We will neither regret what has occurred in the past nor will we worry about things that have not yet happened. We are able to live out today with our feet firmly on the ground.

Why is humanity unable to make the best of the countless experiences that have been recorded in history? It is because humanity is consumed by greed. Greed that is driven by lust, vanity, money, and its other forms makes us incapable of seeing the truth.

History has recorded the failures of many people who have been swept away by their greed. But unable to learn from their failures, humanity has been unable to suppress its greed and desires; and in fact, humanity has lowered its *jittai*.

When we continue to remain oblivious to the worth of a family and behave willfully and selfishly, we bring about a variety of trouble and misfortune on ourselves. A family that lives in harmony provides a crucial environment which suppresses greed and instills and promotes character. A family that lives in peace fosters the *kokoro* of harmony.

What is needed now is to learn the teachings and to live and have the conviction to make them the mainstay of your life. Base your judgment and decisions about events and people through the teachings. You will discover that the way you see or think about people and events becomes very simple and clear; and you will no longer worry or obsess or be at the mercy of your emotions.

When this happens, you will live the correct way of life and leave behind good elements in the *Kokoro no Michi* of your family. To be the person who remains unconsumed by the changes of this era, we must become the person who always tries to harmonize as they live.