

April 15, 2021 *Shinja Kokoro no Michi Benkyōkai*

The *unmei* is immutable.

Shinji

Human beings are in the hands of Kami, protected and guided through their unmei.

To live their finite time (life) fully, people (human beings) must be conscious of their encounter with Kami, and strive to hone and raise their jittai.

Because the unmei is the strength that Kami gave to all people and all things, human beings leave behind good elements in their Kokoro no Michi when they live a life that is one with their unmei.

Be aware that the unmei is the lifespan that Kami gave to each person and have the kokoro (conviction) to live and rely on the strength of that unmei.

Understand that your unmei, lifespan, and life are all gifts given by Kami, thus treasure them.

To the Shinja

Learn the teachings and strive to live by the principles.

The strengths of your unmei are gradually drawn out and your encounters with all people and all things will grow and deepen.

This is the person who is one with their unmei.

The teachings provide awareness and understanding to the kokoro (life) of a person (human beings); and protected by their unmei, they live out a life without regrets.

Summary of the Shinji

Our life is protected and guided by our *unmei*. This is a principle. A principle is a fundamental truth that human beings can do nothing about. The reason why there is endeavor that bears fruit and endeavor that does not is because the success of our effort depends solely on whether or not we are able to make the best of our *unmei*.

Human beings live within a finite period of time. Since our lifespan is limited and we have no control over how long we will live, we must live with humility, be aware of the *unmei* that *Kami* gave us, and strive to correct the *jittai* that we inherited from our parents and ancestors.

The *unmei* that was given by *Kami* to all people and all things is the strength to be useful in society. If we live our life according to our *unmei*, we leave behind good elements in our life.

And because *Kami* has given each of us a lifespan, do not lose the conviction to make the best of your strengths to their fullest in the time that has been given to you. Thus do not compare yourself to others, do not vie with others. Live and depend on the unique strengths of your *unmei*.

Your *unmei*, your lifespan, and your life are treasures that were given only to you. Thus cherish them as you live your life. Whether you live a good or a difficult life depends on how you make the best of your *unmei*'s strengths.

Therefore, learn the teachings and try to live a way of life that abides by the principles. When the teachings become a part of your character, the strengths of your *unmei* are gradually drawn out and good relations with all people and good ties to all things grow.

If you are able to have good relations with everyone, your mutual strengths will come to life. You will live a life protected by your *unmei*. *Kami* asserts that this is how to live a way of life that is one with your *unmei*.

Society is presently in great turmoil and our emotions tend to be consumed by the changes that are created. Hence we must learn the teachings and have the conviction to live by them.

The *unmei* cannot be changed or suppressed by human strength. Thus there is no need to change it. Make the best of your *unmei* by knowing its strengths and contribute to society through that *unmei*.

When we do this, what is good and best about us shines; and our life is elevated. This is the key to living a life without regrets, unconsumed by the fierce flow of the changes in society.