Shinji

There is one thing that you must do now (today) knowing (the truth) about life that is lived with your kokoro (unmei-jittai).

*It is to learn the teachings with your family members and strive to build a family where the kokoro comes together through the principles.* 

This belief (effort) draws out the strengths of your unmei and corrects and elevates your jittai.

People who live today (in these times) rely on knowledge without principles believing it to be absolute, thus their endeavors do not bear fruit and they live a life that goes against the path.

To the Shinja

Gain awareness from the teachings and strive to be the human being who walks the correct path.

The more understanding is gained and deepens, human beings do not have doubts.

Know what is your responsibility and place and become the human being who abides by the path.

As Kami sees it, shinja has gained awareness from the teachings, but their kokoro has yet to achieve understanding. This is the reason why the kokoro is beset by doubts, and suffering deepens.

The teachings give the kokoro (life) of the shinja deep understanding, thus they should seek out the principles and learn.