June 15, 2021 Shinja Kokoro no Michi Benkyōkai

Unmei and harmony are important to the person who moves with the flow.

## Shinji

Realize that the truth of an era lies in its flow.

Reality constantly changes and does not endure.

Life is also allowed to live for a finite period of time (era) within an era, thus when you move with the flow, your existence becomes increasingly joyous.

This is the human being who lives out a life without regrets.

To the Shinja

To correctly know the changes in society, you must live with the teachings as your kokoro's (life's) support.

Since knowledge and experience are learned within the flow of an era and are a transient worth experienced only in the present, they ultimately become useful when you move with the flow.

The teachings that Kami reveals to the world (society) through Shisha are all principles.

They draw out awareness and deep understanding to interpret your reality correctly and to allow you to live and move with the flow of society.

The flow of an era is created by the unmei of the times to maintain constant harmony and balance and is in the hands of Kami.

Now that you know this truth—this principle—gain a deeper understanding to live a life that is one with your unmei.

## Summary of the Shinji

An era is a flow of time. What exactly is the flow of time and how do we live and move with this flow? *Kami* teaches us that it is to live a way of life that is in harmony with your *unmei*.

The flow of time never stops and nothing is ever repeated. The movement of earth's atmosphere, the flow of the tides may appear to be the same, yet they differ every year. They cannot be accurately predicted no matter how much science and technology evolve.

The same can be said about human life. We are allowed to live within the changes of an era. *Kami* has given us a finite lifespan. From the time we are born and grow older with the passing of the years, changes continue every moment. Thus when you live and move with the flow, your existence shines as the occasion arises.

What is asked of us at such times or place differs. Therefore, move with the flow and strive to do what you can do. Make the best of your goodness and strengths, and be a good influence on those around you. This is when your existence becomes useful and you are able to live a life without regrets.

To accurately understand the changes in society, it is crucial to learn *Kami's* teachings. Make them the fundamental basis for how you think. This is why the *Shinji* has been revealed to us.

Knowledge and experience gained by humanity are learned and experienced within the flow of time. But with the passing of the years, they will definitely change. Thus we are truly able to make the best of the knowledge and experience we have acquired when we move with the flow.

The teachings that *Kami* reveals to us are principles. The era of *Daishin*, the era of *Chokushi*, and the era today continue to show us how things should be according to *Kami*, *Hotoke*, *Hito no Michi*.

And because they are principles, if we learn them, we will perceive correctly the reality that surrounds us, we will become aware of what it is to move with the flow of society; and this leads to a deep understanding about life and the *unmei*. This cannot be learned from the education we acquire in schools.

The flow of time vacillates as it moves to the right and to the left, while the era's *unmei* works to maintain harmony and balance. And when avarice occurs from time to time and stability is lost, the *unmei* of an era works to return to harmony and balance in *Kami's* hands.

Now that we know this reality, *Kami* urges us to have the *kokoro* to live a life that is one with our *unmei*. If we live by the teachings, our *unmei* is drawn out, and we attain a life without regrets.