Shinji

Strive to be the person (humanity) who learns the teachings and deepens their understanding of the principles. The movement of the kokoro anchors and it will not be consumed by the changes.

Doubt and confusion do not occur because the unmei protects the movement of the kokoro and guides it on the correct path.

You will not be troubled as you look on the past, and your understanding deepens through experience that produces awareness.

All people (humanity) are unable to accept change when they are consumed by the flow of society.

But when the teachings are learned and the more they become aware of the truths about society, the kokoro of people (humanity) anchors, the changes are accepted, and they move with the flow.

Be aware that doubt and confusion occurs when the kokoro wavers.

The flow (changes) of society does not stop even for a moment.

The same is true for the kokoro of people (humanity).

The environment changes.

The human kokoro also changes.

Thus the understanding to live and move with the flow is needed.

Kami sees that all (shinja) do not know how to see society through the principles.

Society moves within the flow.

Thus a kokoro that lives by the principles and is not consumed by the flow is needed.

Live by the teachings, and the doubt and confusion of the kokoro disappear.