Shinji

The new year is when all your thoughts of the previous year are returned to Shinkon (Kami), and it is an era (a time) to make new convictions (pledge).

Kami accepts the goshintai that is returned and receives the pledge of the shinja.

Understand correctly the meaning (the significance) of the Seirei purification.

The kokoro of the shinja, who understands this, will be purified and uplifted.

The pledge made during the new year visit to Kami is pure and noble.

The love for your family members is increasingly fostered, and the hopes and aspirations of that family grow greatly.

Seirei no Gi—To have dreams and aspirations in life, to have hope as you live out this year.

Understand well the significance of this and make your new year pledge during the transition from the old to the new.

The month of the shinja's new year visit is a time to visit the house of Kami with your family members and pledge anew the prosperity of your family (house) and the health of your family members.