

February 1, 2023 *Shinja Kokoro no Michi Benkyōkai*

Live Your Life Sustained by the Principles

Shinji

Do you know why Kami reveals the principles to society (the world)?

When human beings gain understanding from the Shinji, the principles, they can live a life guided by their unmei.

Their life (kokoro) is protected, and they are guided to live a life without regrets in the hands of Kami.

But in truth, because they rely absolutely on knowledge without principles, they lower their jittai of their own accord, go against and off the path, are troubled and suffer.

Society also falls into chaos.

Let me teach you the truth (the principle) of life.

This world is in the hands of Kami— the unmei-jittai maintains harmony as the world revolves.

Human beings must become aware of this truth (this principle) and have the understanding to live by it.

If you learn the Shinji (the principles) and live life sustained by them, you will gradually become one with the unmei of all people and all things, be supported and sustained, and society will harmonize and evolve.

When you live in this kind of environment, human beings can live a life without regrets.

Illnesses, accidents, and disasters are also avoided.

To the Shinja

Strive to become the shinja (the person) who lives their life (their kokoro) sustained by the principles so that you may achieve a life without regrets and filled with many joys, where the strengths of the unmei given to you from Kami are drawn out.

Summary of the Shinji

Why is Kami revealing the principles to the world? Why has Kami created an environment of *kigan* and learning through *Shisha* known as *Shinji Kyōkai*?

It is because if we understand the principles and the way things should be through the *Shinji*, many characteristics of the *jittai* that we were born with can be corrected; and we are able to live a life based on the *unmei* Kami gave us to be useful. If we can live in sync with our *unmei*, in other words who we are and our place in the scheme of things, we will always live out a life without regrets.

However, the reality is that there is an overwhelming number of people, who live relying on experience and knowledge, which are not principles, in the belief that they are absolute. We see many, who in their selfishness go against the path and lower their *jittai* on their own. *Kami* created an environment of salvation in this world known as *Shinji Kyōkai* because of the chaos we see in society.

Kami encourages us to understand the principles in order to know what life is about. This world revolves peacefully and in harmony when the *unmei-jittai* of people and all living things exist in harmony. A good environment always arises when the best is made of strengths that are shared, supported, and enhanced.

Let's become aware of this truth and strive to live a way of life that abides by the path. Learn the teachings from *Kami*, make them a part of yourself so that they sustain the way you live your life each day.

When this happens, we begin to gradually support and come together with the *unmei* of all the people and things that come into our lives. This is how the environment achieves harmony and balance.

This is not about achieving a great accomplishment. It is to be kind and friendly with the people around you and to live a way of life that influences people positively. As a result, tension and discord with others disappear and your environment becomes an easier place to live; and illnesses, accidents, and disasters are avoided.

Shinkon strongly hopes that each of us can draw out the strengths of the *unmei* given to us and to live a life filled with meaning, purpose and many joys. To live up to her love, let's learn the principles from the *Shinji* and let them sustain us in our life.