

February 15, 2023 *Shinja Kokoro no Michi Benkyōkai*

Live Your Life Sustained by the Principles

*Shinji*

*Human beings, who are burdened with their jittai, are unable to suppress their greed, create their own troubles, suffer and lose their way in life.*

*Desires (the kokoro) that are one with the unmei bring forth hopes and dreams, whereas the kokoro that is consumed by the jittai withers away life.*

*This is the truth (the condition) about a life (the kokoro) that is consumed by an era's unmei (power), suffers, and loses its way.*

*To the Shinja*

*To live a life guided by your unmei, have the strong conviction (the kokoro) to live by the Shinji, the principles.*

*The human being (the person) whose kokoro is dominated by their jittai cannot see the truth, the principles.*

*The jittai can be corrected when you are able to see society's truths (characteristics) through the Shinji.*

*The strengths of your unmei are drawn out the more the jittai is elevated, and you will live a life where hopes and dreams are fulfilled.*

*Peace can never be achieved in a society that goes against the correct path, where one person's causes and opinions are imposed on others and the jittai is lowered; hence the confusion in the world increasingly deepens.*

*Perceive the principles in the teachings and be the shinja who lives by them.*

*All human beings (people) who live their lives sustained by the principles are in Kami's hands; their life (their kokoro) is guided by their unmei and they live out a life without regrets.*

*The strengths of the unmei guide and protect the life of the shinja.*

**Summary of the Shinji**

Every human being has inherited a *jittai* that is passed down through their family. Additionally, each of us received a wonderful *unmei* from *Kami* that allows us to be useful in the world. The *jittai* has both positive and negative elements. Hence, we create suffering in our lives if we are consumed by our *jittai*.

However, if the movement of your *kokoro* is one with your *unmei*, your many strengths become useful to many people, and you will live each day with hopes and dreams. In contrast, if your *kokoro* becomes one with your *jittai*, your ego and greed grow stronger, and your life will wither away.

Presently, the *jittai* of many people tends to clash throughout society. Thus, to correct this reality, *Kami* is presently returning society on the correct path using the *unmei* of this era. Against this background, people who are dragged down by their *jittai* and unable to move with the flow of the changing times, are engulfed in the waves as they suffer and lose their way.

Hence, let us strive to live a way of life that is one with our *unmei*. To accomplish this, we need to have the conviction to live sustained by the principles. If we are consumed by our *jittai*, we will go against the natural way of things and lose our way.

Correcting our *jittai* is very important. As we learn the teachings through the *Shinji* and they become a part of us, we will perceive the movements of society accurately, and we will correct the way we see people and situations and the way we think and live. Our character is elevated.

The more our *jittai* is raised, the strengths of our *unmei* are drawn out, and we live a life filled with hopes and dreams. This is because the *unmei* is the strength that *Kami* gave us, and if the best is made of this strength, we will never act in a way that we will regret.

The state of modern society today—there is no mutual respect, people go against the path, ideas and causes are imposed on others, and the *jittai* is lowered. This is seen not only in countries throughout the world, but in our families and communities. True peace can never be achieved in this kind of environment.

Instead of peace, we lose our way to even greater depths. There will be a clear demarcation between people who go against the principles and lose their way and people who abide by the principles and live fulfilled.

This is why we need to grasp the principles from *Kami's* teachings and strive to live a way of life that is in sync with the way things should be. If we live sustained by the principles, our *kokoro* is protected by our *unmei* and we can live out a life where there are no regrets because our *unmei* protects and guides our life.