

### *Shinji*

*Human beings are protected and guided by the strengths of their unmei when they know the means to avoiding illnesses, accidents, and disasters.*

*Do you know why there are people, whose hopes are unfulfilled as their life comes to an end?*

*It is not because their endeavors are inadequate. They do not make the most of their unmei because they have lived without knowing the correct path.*

*It is desired that shinja learn the teachings and make the effort to live by the principles.*

*The kokoro of family members that interact based on the principles, shines brightly and is filled with hopes and dreams.*

*Do you know why human beings have hopes and dreams when they are from a family in harmony?*

*The kokoro of human beings is controlled by their unmei-jittai as they live out their life.*

*Hence the jittai is elevated the more the human kokoro is filled with love and sustained by mutual trust.*

*They know the correct path to hone and draw out the strengths of their unmei.*

*To the Shinja*

*It is difficult to foster love in society today.*

*The kokoro of family members does not come together and their thoughts are dispersed.*

*They are unable to see what the human kokoro is about because they believe and rely on knowledge without principles.*

*This is the reason why the world is in turmoil.*

*When the shinja lives by the teachings, their life (their kokoro) is protected and saved by the strengths of their unmei.*

### **Summary of the Shinji**

Every human being without exception is protected by the strengths of the *unmei* given to them by *Kami* to be useful in the world. This *unmei* is what each of us should cherish. To live a life that is one with our *unmei*, we must correct our *jittai* which prevents us from achieving this.

The problems that most closely represent the *jittai* are illnesses, accidents, and disasters. Illnesses are created from within us, whereas accidents and disasters are brought on by the external environment. Hence if we can correct this low *jittai*, our life will be greatly protected by our *unmei*.

There are many people whose hopes and desires remain unfulfilled as their life comes to an end despite having been given a life that sought to achieve happiness. This is because they did not know how to raise their *jittai*, how to bring out their *unmei*, as well as how to live by the correct path that grants them happiness.

This is why it is even more crucial to make the teachings of *Kami* a part of yourself and to live and abide by the principles. *Kami* seeks unflagging effort from each of us, and it is not about simply learning the teachings and gaining awareness. It is about having the strong conviction to live each day in a way that reflects the teachings.

When this happens, the family becomes positive and cheerful. The *kokoro* of each person is filled with hopes and dreams, which gives us the will to live. We gain hopes that are in sync with our *unmei* and allows us to make the best of them.

Our life is controlled by our *unmei-jittai*. This is why we must try to raise our *jittai* and hone our *unmei*. To achieve this, we must strive to learn the teachings together with our family members, who share the same *jittai*, and raise the *jittai* that runs through our family lineage.

As we strive to do this, our family ties to one another become rooted in trust, our *kokoro* is fulfilled with their love and our *jittai* is corrected. We begin to fully use our strengths for those who seek our help. Hence, we bring out the strengths of our *unmei* and walk the correct path that hones us.

Today, it is difficult to foster love in many families; the *kokoro* of the family does not come together and their thoughts and feelings are dispersed. They rely solely on knowledge and information, go off the path of reason and lose sight of the *kokoro* of what it means to be a human being. *Kami* reveals that this is the reason why the world is in turmoil.

What we need to do is to learn the teachings, make them a part of us, and live with the *kokoro* to give back to others. The more we foster unconditional love, we are protected by the strengths of our *unmei* and live out a life where there are no regrets.