

### *Shinji*

*The human being (people) who experiences joy and has achieved meaning and purpose, is living a life guided by their unmei.*

*Knowledge, education, position, title, money, and assets will not protect your life.*

*Human beings are born into this world in Kami's hands and inherit the elements of their family's Kokoro no Michi.*

*Shinja learns the teachings, discovers the means to honing their unmei, and lives out their life sustained by the principles.*

*The Shinji—the principles—teach you about your jittai.*

*If you live by the principles knowing your jittai, all human beings (people) will hone their unmei; and their kokoro will move as one with their unmei.*

*Their encounters with people and all things will gradually grow, deepen, and true meaning and purpose in life will be achieved.*

*Human beings mutually bring together and enhance their unmei when the environment is elevated.*

*The family is an environment where the kokoro of family members come together, is mutually sustained, and the relationship deepens through love that is the truth.*

*Your life is protected when you live in a family environment where the jittai is mutually raised and the unmei is honed.*

*Give back to society with the strengths of your unmei.*

*By doing so, encounters with many people will grow, and human beings will achieve true meaning and purpose.*

*To the Shinja*

*Now that you know the truth—the principles—about life, ask Shinkon (Kami) for the ability (the kokoro) to create a family based on the principles.*

### *Summary of the Shinji*

Everyone wants to achieve their hopes and dreams. But true happiness does not mean that everything we want and hope for comes true. True happiness is the joy that comes from the meaning and purpose we experience when we live a way of life that is one with our given *unmei* and we are of use and help to many people. To live guided by the strengths of our *unmei*, we must stay in touch with *Kami's* teachings each day and make the effort to correct our *jittai*.

Nonetheless, people rely on knowledge, education, position, title, money and assets in their quest to achieve happiness. But these things do not protect human life. The more we seek them out, the more our obsession grows and when they do not work out as planned or hoped, our discontent grows by leaps and bounds.

Human beings inherit the *Kokoro no Michi* that runs in their family when they come into this world. Both positive and negative elements are inherited. *Kami* decides the rank of your *unmei* based on the way your parents and ancestors lived their life. Hence what is needed is to learn the teachings and the means of honing your *unmei* and make them your own.

The way to hone our *unmei* is to be in touch with the *Shinji*, which leads to an awareness of what is missing or distorted in the way we live our life. Based on this awareness, we must *kigan* and make the effort to correct our shortcomings. When we raise our *jittai* in this way, we are able to draw out the strengths of our *unmei*, our presence grows and our abilities manifest. Our ties to many people and things grow and deepen.

The family, where we experience our birth and death, is a crucial environment where we raise our *jittai* and hone our *unmei*. If we put our strengths together and mutually support one another within our family environment, our *unmei* will increasingly shine.

If we are able to create this kind of family, the movement of our *kokoro* anchors, our strengths manifest, and we are loved and respected by those around us. In society, this kind of person is sought out by many people; and because they are useful and helpful to those around them, they experience true meaning and purpose in their life.

Now that you know how life works and how to hone your *unmei*, create a family that interacts based on a *kokoro* of love. When you learn the teachings, you will perceive the moments when you go off the path and be able to make the correction. This is done as you *kigan* and live with reason and common sense. This allow us to be actively involved in society.