

September 23, 2023 *Shingyokusai*

*Shinji*

*The true form of the human being is the soul.*

*That soul, in the hands of Kami and enveloped by Shinkon, lives on in its Kokoro no Michi.*

*People, who know the truth about the soul (life) will always seek out the unmei (the power) of Shinkon (Kami) and live in the spiritual world.*

*To the Shinja*

*Look back on your life this year; and during this period of Kōju, you must strengthen your vow to Shinkon (Kami) during this important time of worship—Airei.*

*The more your vow deepens, the kokoro of human beings becomes one with their unmei and their suffering and doubts disappear.*

*This is the kokoro that strengthens and solidifies your Kokoro no Michi.*

*The soul (kokoro) of your departed loved ones and ancestors is also reassured and finds peace.*

*This is the principle about giving peace and repose to the departed.*

*The shinja, together with family members, kigan at Shingyoku no Sato and Shingyoku no Sono; and inform their departed loved ones and ancestors the truth about their family living in harmony—this is important in order to give peace and repose.*

*Shingyokusai—the time of Shingyoku that occurs during the period of Kōju is when you should come to worship with your family members.*

*The love (the thoughts) that you share with them is what gives the soul (the kokoro) of your hotoke and ancestors peace and repose.*