

November 23, 2023 *Shinja Kokoro no Moto Benkyōkai* about Health

*Shinji*

*When each family member discerns and knows their place and position and interacts with their family accordingly, the jittai (the kokoro) of the human being is elevated.*

*This is the principle (the condition) of the family where a fulfilled kokoro is fostered.*

*To the Shinja*

*Health and illness are not contradictory.*

*If you acquire and live with a generous kokoro, illness gradually disappears and your kokoro and physical body come alive.*

*Shinji, the principles, teaches the human kokoro.*

*When you know what it means to be a human being and live each day, the human jittai (the kokoro) anchors and a fulfilled kokoro begins to blossom.*

*When the strengths of the unmei are generously given back to society (the world) and the human kokoro is freed from avarice, there is fulfillment.*

*Today (now) is now the era (the time) for shinja to truly understand the kokoro's truth about manifesting Kibō no Michi.*

*All human beings who manifest Kibō no Michi attain true health.*