

January 1, 2024 Kigansai

### *Shinji*

*Humanity will finally usher in an era where people will live by the truths, the principles.*

*Having gained awareness of how the unmei-jittai connects and moves society, humanity will finally change the way they live.*

*People, who remain unaware during this time (this period) will be consumed by the changes and suffer due to their jittai.*

*To the Shinja*

*Strive to be the person, who learns the teachings Kami has revealed to the world and lives by the principles.*

*This mindset draws out awareness and elevates the jittai.*

*Do you know why the world will undergo great changes—the truth (the principle)?*

*Society until today has revolved around politics and the economy without realizing the existence of the unmei, this has lowered the jittai to a world without principles.*

*Humanity cannot live in a world without principles.*

*Humanity will increasingly go against and off the path and lower its jittai.*

*A society, where the unmei of individuals is unable to come together, to complement, and to provide mutual support will break.*

*See the truth (the condition) about the world through the principles, the Shinji.*

*See how a world without principles destroys the unmei and suppresses the will (the kokoro) to live.*

*This year's theme is for family members to gain many insights through the principles, the Shinji and to strive and create a family that adheres to them.*

*This effort will elevate the jittai and foster a person who is guided by their unmei.*

*The family environment (existence) that fosters a kokoro of harmony creates a very enriching society.*

*Shinja, who live by the teachings, will deepen their understanding.*

*On the last day of their life, the soul (the kokoro) of human beings is embraced in the hands of Kami, and they will know how precious is the life they have lived until now.*

*When human beings live in a family where the principles exist, humanity leaves behind good elements in their Kokoro no Michi that leads to an elevated unmei-jittai in their next life.*

*This is the truth (the condition) of a society that harmonizes.*

### *Summary of the Shinji*

#### **• Gain awareness that society revolves based on the unmei-jittai.**

Presently, the era is moving massively. What has been accepted as conventional wisdom and knowledge are no longer true. The changes are fierce. The way products are made, manufactured and sold is drastically changing.

What is crucial in this era is the consciousness to think based on the principles and the natural way of things. The unmei-jittai of all things comes together and functions as one. This is the way society works. It is now the time for many people to become aware of this truth and for humanity to change the way it lives.

The unmei is the strength that people, things, companies, countries—everything has to be useful in society. The jittai is the strengths and weaknesses of our personality, as well as the way we tend to think and see things. If each person is able to show their strengths, correct their weaknesses, and strive to stay on course, their environment will always improve.

However, if humanity continues to be unaware of this and lives in discord and disharmony, people will be consumed by the changes and experience suffering that is even greater than now.

Hence, we must try to correct our faults so that we may not suffer from the negative traits of our jittai.

#### **• Live by the principles and elevate your jittai.**

To improve the way we live, we must learn Kami's teachings and strive to live by the principles. What we must

ask of *Kami* is not simply to have our hopes and wishes granted, but to ask for help and protection to practice the teachings.

When we *kigan* and learn the teachings, we become aware of what is needed in that moment. We begin to perceive our faults, the distortions in the way we interpret people and situations, and the corrections we need to make in the way we live, and as we strive our endeavors are to the point. People, who learn *Kami's* teachings and live based on the principles, are able to raise their *jittai* and the movement of their *kokoro*.

- **Society until today has lowered its *jittai*.**

Why is the world trying to change to this degree? Beginning with politics and the economy, humanity has deluded itself into believing that its strengths and powers can accomplish anything—this is the reason why. This mindset in society has lowered the *jittai* of the world and created an environment of suffering and confusion.

Against this backdrop, everyone is searching for the correct, the right path. When people begin to realize that characteristics and attributes differ, they begin to see that they should pursue their own means of doing things. Japan has its own culture, politics and economy. Hence, it is important to ensure that the ground under your feet is solid.

- **Humanity cannot live in a world where there are no principles.**

When we do not live by the principles and how this world works, nothing will go well. The situation may appear to be doing well for a time, but it will not last. Despite this, there are many people who are swept away by their greed; they go overboard and lower their *jittai*.

If we are willing to economize, to wait and put off fulfilling that long-awaited wish, and live a way of life based on common sense or the way things should be, there will be no problems. When people live a way of life in opposition to common sense or the way things should be, they are unable to live in happiness.

If we are egotistic and greedy, our *kokoro* cannot come together and become one with others, and relationships that complement and provide mutual support collapse. Unable to make the best of our mutual strengths, this is what will destroy our lives.

The reason why families have problems with their children is because the *kokoro* of the parents does not come together. The reason why there are health problems is because there is no harmony between family members. Correct your *kokoro* to prevent ruining your happiness and prevent its movement to go off the path of common sense and the way things should be.

- **A world that lacks principles suppresses the will to live.**

*Kami* looks deeply at the movement of society and the condition of the world and provides guidance continuously through the *Shinji* about what is needed. Hence if we do not act as *Kami* teaches us, we will be consumed by the trends and the flow of the world.

When we live a way of life that goes off the path and the way things should be, our *unmei* fades away. The outcome is that our strength to live is suppressed and we usher in illnesses, accidents, and disasters.

What draws out the strength to live is the *kokoro* to give back. You must never live a way of life based on thoughts like, “As long as I’m okay, who cares about everybody else.” We should use our *unmei* and our strengths to be useful to the people around us as much as possible.

- **Family members gain insights through the *Shinji*, the principles and create a family that adheres to them.**

The theme that we should strive to achieve this year is for family members to gain many insights based on the principles, the *Shinji*, and to create a family that lives by them. In other words, each member should create a family where everyone can live in peace and calm—a home where the soul finds rest.

People, who abide and strive sincerely to live by the guiding principles *Kami* has given us, will always be greatly protected. Their *jittai* will be elevated and they will live a life guided by their *unmei*.

*Kami* has repeatedly told us the importance of learning the teachings and abiding by the principles with family members. It is because this is crucial to attaining *kaiun*.

Your involvement with your family based on the principles means you live to give back based on your role and

place within the family. It starts with accepting the *kokoro* of your family members and discussing your thoughts and ideas calmly. It is to live and support, complement, and to become one with them at all times.

- **Experience how invaluable it is to live by the teachings.**

When we practice the teachings that we have learned in our daily life, we will undoubtedly experience a sense of fulfillment and satisfaction in what it means to live. A family in harmony fulfills the *kokoro* of each person.

In addition, as we self-reflect on our *kokoro*, we grow increasingly aware of many things, deepen our understanding, and we are able to make the best of this understanding every day. And on the last day of our life, we are able to depart without regrets; and we attain *kaiun*.

- **Leave behind good elements in your *Kokoro no Michi* that leads to an elevated *unmei-jittai*.**

A family that lives by the principles will leave behind good elements in the *Kokoro no Michi* that is continued on by its descendants. Moreover, the next generation is given an elevated *unmei-jittai*.

When *Kami's* teachings become a part of family members, the interactions and relationships between them are very good; and that family will flourish. The more this kind of family increases, a harmonious society spreads, and positively influences the community, the country, and the world at large.