

January 15, 2024 *Shinja Kokoro no Michi Benkyōkai*

Gain the awareness that society revolves based on the *unmei-jittai*.

### *Shinji*

*Humanity lives in the present dependent on knowledge and effort without seeing the truths in history.*

*They have become increasingly unaware of the principles, depend on knowledge without principles, and have lost their bearings.*

*Unable to bring their individual kokoro together, this is why results are not achieved.*

*To the Shinja*

*Strive to be the shinja who relies on the teachings and lives each day.*

*The movement of the kokoro gradually anchors, the best is made of your knowledge, and your endeavors bear fruit.*

*Human beings are an existence that understands life's guidelines through their relationships with family members.*

*However, their ties to their family members are weak and they go out into society without acquiring confidence and conviction.*

— *Society revolves as the unmei-jittai comes together and complements.*

*Be aware of this truth, this principle; and make the effort to raise the jittai.*

*This effort is what makes confidence and conviction blossom.*

*This effort takes on life the more deeply family members interact based on the principles.*

*The teachings show the principles.*

*Hence live by the teachings and be the family member (all) who raises their jittai (their kokoro).*

### *Summary of the Shinji*

This world has been created to make the best of and mutually complement our strengths, to support one another, so that all may gain happiness. When we gain awareness of how this works and live in harmony, we experience the joys of life.

However, many people remain unable to recognize the principles despite humanity's long, extensive history. They simply see it as knowledge and repeatedly do the same thing driven by their avarice. Proof of this can be seen in the confusion, suffering, and unceasing conflict that exists in today's reality.

Therefore, strive to be the person who lives guided by *Kami's* teachings and not someone who relies on senseless information and knowledge. When the teachings become a part of the way we live, our *kokoro* anchors, we make the best of our knowledge, and our efforts bear fruit.

When we are able to interact correctly with our family members, we're able to discuss everything with them. We begin to see the actions we should take at any given time and the best direction we should take. We begin to understand life's guidelines.

For example, if you are criticized by someone, you begin to feel that you should listen because what they're saying is an invaluable opinion. You take on a task that everyone else is avoiding or ignoring because you feel that you need to step in and do what needs to be done. In other words, you are able to take the appropriate action. If your relationship with your family members is always warm and loving, you will begin to understand the correct way to live at that point in time. Hence you become someone who has presence, a warmth and goodness about you that draws others to you. You become someone who is able to make the right judgment calls and decisions.

If our relationship with our family members is weak and we go out into the world without the confidence and conviction that we gain through strong family ties, we depend on credentials, position, and appearance. As a result, our *kokoro* does not anchor. This is because the worth or advantages that appearance has changes over time; and it will never be a truth that sustains our life.

This world revolves when the *unmei-jittai* of all people and all things comes together and complements. The *unmei* is the strength that people and all things have to be useful in society. The *jittai* is how we see people and interpret situations, and things. To make the best of our *unmei's* strengths, the effort to elevate our *jittai* is a must. From this effort, our belief in our strengths grows and becomes true confidence. The conviction to stick to a way of life that is based on our *unmei* becomes entrenched. That's why it's important to elevate our *kokoro* and make the best of the teachings in our daily life with our family.