

*Shinji*

*Today humanity seeks an existence (strength) that guides and supports society.*

*But no one is able to perceive this, and the world continues to deepen in chaos and confusion.*

*Those who live in today's society are unable to have hope.*

*To the Shinja*

*Strive to create a family that abides by the teachings.*

*The kokoro will gradually anchor and feelings of gratitude will take away the doubts in your life.*

*What you must do is to have the kokoro to give back and to not neglect to make the best of your encounters.*

*Your emotions will become positive and strong, and your desire to be involved with people will deepen.*

*This is when human beings will attain true health.*

*Why do people who live today suffer from sickness and lose their way in life?*

*They have closed off their kokoro and are unable to have hope in their lives.*

*This is the kind of kokoro that drives away good health.*

*When human beings understand the principles of life and abide by the path, the strengths of their unmei are brought out, and they become an existence (a person) who supports and guides society.*

*When people support one another and become involved through their unmei, both society and human beings become healthy.*